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|  **UNIVERSITY OF NIŠ** |
| **Course Unit Descriptor** | **Faculty**  | **Faculty of Philosophy** |
| **GENERAL INFORMATION** |
| Study program  | **Social Policy and Social Work** |
| Study Module (if applicable) |  |
| Course title | **Adulthood and Aging** |
| Level of study | ☒Bachelor ☐ Master’s ☐ Doctoral |
| Type of course | ☐ Obligatory ☒ Elective |
| Semester  |  ☒ Autumn ☐Spring |
| Year of study  | III |
| Number of ECTS allocated | 6 |
| Name of lecturer/lecturers | Jelena Opsenica Kostić |
| Teaching mode |  ☒Lectures ☐Group tutorials ☐ Individual tutorials ☐Laboratory work ☒ Project work ☐ Seminar ☐Distance learning ☐ Blended learning ☐ Other |
| **PURPOSE AND OVERVIEW (max. 5 sentences)** |
| This course is designed to provide an accurate understanding of the psychological changes that people experience through the lifespan, with a focus on those specifics which are potentially the most important for working in the social welfare system. The students will be able to recognize the specifics of various periods of development and to apply them when working with adults and the elderly – to design programs and activities which should support the development and improvement of quality of life. |
| **SYLLABUS (brief outline and summary of topics, max. 10 sentences)** |
| Students will, through lectures and discussions, be introduced to the following topics: Factors of development in adulthood and in old age; Theories of adult development; Specifics of early adulthood; Specifics of middle adulthood; Specifics of old age; Families and relationships between the sexes; New lifestyles and new family forms; Careers - earning a living; Personality – stability or change; Motivation; Intellectual development; Biological development - an aging body; Mental disorders - brain disorders; End of life - death, loss, hospice and the problem of euthanasia. |
| **LANGUAGE OF INSTRUCTION** |
| ☐Serbian (complete course) ☐ English (complete course) ☐ Other \_\_\_\_\_\_\_\_\_\_\_\_\_ (complete course)☒Serbian with English mentoring ☐Serbian with other mentoring \_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| **ASSESSMENT METHODS AND CRITERIA** |
| **Pre exam duties** | **Points** | **Final exam** | **points** |
| **Activity during lectures** | **5** | **Written examination** |  |
| **Practical teaching** | **10+10** | **Oral examination** | **25** |
| **Teaching colloquia** | **25-25** | **OVERALL SUM** | **100** |
| **\*Final examination mark is formed in accordance with the Institutional documents** |