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| **UNIVERSITY OF NIŠ** | | | | | | |
| **Course Unit Descriptor** | | **Faculty** | | | **Faculty of Sport and Physical Education** | |
| **GENERAL INFORMATION** | | | | | | |
| Study program | | | | **Basic Academic Studies, Physical Education and Sport** | | |
| Study Module (if applicable) | | | |  | | |
| Course title | | | | Theory of physical culture | | |
| Level of study | | | | ☒Bachelor academic ☐ Master’s ☐ Doctoral | | |
| Type of course | | | | ☒ Obligatory☐ Elective | | |
| Semester | | | | ☒ Autumn ☐Spring | | |
| Year of study | | | | First | | |
| Number of ECTS allocated | | | | 6 | | |
| Name of lecturer/lecturers | | | | Nebojša Ranđelović, Ph.D, associate professor | | |
| Teaching mode | | | | ☒Lectures ☒Group tutorials ☐ Individual tutorials  ☐Laboratory work ☐ Project work ☐ Seminar  ☐Distance learning ☐ Blended learning ☒ Other | | |
| **PURPOSE AND OVERVIEW (max. 5 sentences)** | | | | | | |
| *Students will gain knowledge to prompt general culture, professional education and the development of critical consciousness. Students will be able to understand the importance of physical activity and physical exercising, independent work and further professional development.* | | | | | | |
| **SYLLABUS (brief outline and summary of topics, max. 10 sentences)** | | | | | | |
| **Basic concepts and the importance and role of the theory of physical education. Science, objectives, motives, principles and the essence of the teaching process in physical education. The organizational forms of work, principles and teaching methods in physical education. The concept and the emergence and development of sport. The division and basic characteristics of sport. Politics, business and violence in sport. The concept and development of recreation. The importance of recreation and theories of leisure time. Basic principles of recreation and organizational form of work. The forms of recreational physical exercise and facilities and equipment for sports recreation.** | | | | | | |
| **LANGUAGE OF INSTRUCTION** | | | | | | |
| ☒Serbian (complete course) ☐ English (complete course) ☐ Other \_\_\_\_\_\_\_\_\_\_\_\_\_ (complete course)  ☒Serbian with English mentoring ☐Serbian with other mentoring \_\_\_\_\_\_\_\_\_\_\_\_\_\_ | | | | | | |
| **ASSESSMENT METHODS AND CRITERIA** | | | | | | |
| **Pre exam duties** | **Points** | | **Final exam** | | | **points** |
| **Theory** | **10** | | **Oral examination** | | | **40** |
| **Colloquium** | **30** | |  | | |  |
| **Interactive teaching** | **15** | | **OVERALL SUM** | | | **100** |
| **Activity** | **5** | |
| **\*Final examination mark is formed in accordance with the Institutional documents** | | | | | | |