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| **UNIVERSITY OF NIŠ** | | | | | | |
| **Course Unit Descriptor** | | **Faculty** | | | **Faculty of Sport and Physical Education** | |
| **GENERAL INFORMATION** | | | | | | |
| Study program | | | | **Basic Academic Studies, Physical Education and Sport** | | |
| Study Module (if applicable) | | | |  | | |
| Course title | | | | History of physical culture | | |
| Level of study | | | | ☒Bachelor academic ☐ Master’s ☐ Doctoral | | |
| Type of course | | | | ☒ Obligatory ☐ Elective | | |
| Semester | | | | ☐ Autumn ☒Spring | | |
| Year of study | | | | First | | |
| Number of ECTS allocated | | | | 4 | | |
| Name of lecturer/lecturers | | | | Zvezdan Savić, Ph.D, full professor; Nikola Stojanović, Ph.D, assistant professor | | |
| Teaching mode | | | | ☒Lectures ☒Group tutorials ☐ Individual tutorials  ☐Laboratory work ☐ Project work ☐ Seminar  ☐Distance learning ☐ Blended learning ☒ Other | | |
| **PURPOSE AND OVERVIEW (max. 5 sentences)** | | | | | | |
| *Students will gain knowledge to prompt general culture, professional education and the development of critical consciousness. Acquired knowledge in the History of Physical Education will serve students to cope with other study program exams at the university, to enable them to operationalize their knowledge in practice, but also to encourage research relationship with the theory and practice of the History of Physical Education course.* | | | | | | |
| **SYLLABUS (brief outline and summary of topics, max. 10 sentences)** | | | | | | |
| **Historical methods. Historical sources. The forms of physical exercise in the prehistoric times. Physical education in the ancient times (Mesopotamia, Egypt, Crete and Mycenae). Physical education in the ancient Greece, Rome and Etruria. The significance of the ancient Olympic, circus and gladiatorial games. Early Middle Ages. Physical exercise of the Vikings and Late Middle Ages: the Renaissance and Reformation. The modern Olympic Games. Development of physical exercise on the territory of Serbia.** | | | | | | |
| **LANGUAGE OF INSTRUCTION** | | | | | | |
| ☒Serbian (complete course) ☒ English (complete course) ☐ Other \_\_\_\_\_\_\_\_\_\_\_\_\_ (complete course)  ☐Serbian with English mentoring ☐Serbian with other mentoring \_\_\_\_\_\_\_\_\_\_\_\_\_\_ | | | | | | |
| **ASSESSMENT METHODS AND CRITERIA** | | | | | | |
| **Pre exam duties** | **Points** | | **Final exam** | | | **points** |
| **Theory** | **5** | | **Oral examination** | | | **40** |
| **Theoretical exercises** | **5** | |  | | |  |
| **Colloquium 1** | **20** | |  | | |  |
| **Colloquium 2** | **20** | |  | | |  |
| **Seminar paper/**  **Interactive teaching** | **8** | | **OVERALL SUM** | | | **100** |
| **Other** | **2** | |
| **\*Final examination mark is formed in accordance with the Institutional documents** | | | | | | |