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|  **UNIVERSITY OF NIŠ** |
| **Course Unit Descriptor** | **Faculty**  | **Faculty of Sport and Physical Education** |
| **GENERAL INFORMATION** |
| Study program  | **Basic Academic Studies, Physical Education and Sport** |
| Study Module (if applicable) |  |
| Course title | Methodology of motor learning and control |
| Level of study | ☒Bachelor academic ☐ Master’s ☐ Doctoral |
| Type of course | ☒ Obligatory ☐ Elective |
| Semester  | ☒ Autumn ☐Spring |
| Year of study  | Second |
| Number of ECTS allocated | 5 |
| Name of lecturer/lecturers | Aleksandra Aleksić Veljković, Ph.D, assistant professor |
| Teaching mode |  ☒Lectures ☒Group tutorials ☐ Individual tutorials ☐Laboratory work ☐ Project work ☐ Seminar ☐Distance learning ☐ Blended learning ☒ Other |
| **PURPOSE AND OVERVIEW (max. 5 sentences)** |
| *Qualifying students for practical and methodically correct application of the acquired knowledge both in physical education and sports training, as well as in scientific research.* |
| **SYLLABUS (brief outline and summary of topics, max. 10 sentences)** |
| **Characteristics of motor skills development. Conditioned and unconditioned reflexes. Studying the genetic causality of the motor skills development. The formation of motor habits - skills and learning the new movements. The structure of motor learning. Motor habits. Conative and cognitive peculiarities in the training process. Motivation and motor learning. Motor sports skills (Welford's model). Emotions and successful motor performance.** |
| **LANGUAGE OF INSTRUCTION** |
| ☒Serbian (complete course) ☒ English (complete course) ☐ Other \_\_\_\_\_\_\_\_\_\_\_\_\_ (complete course)☐Serbian with English mentoring ☐Serbian with other mentoring \_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| **ASSESSMENT METHODS AND CRITERIA** |
| **Pre exam duties** | **Points** | **Final exam** | **points** |
| **Theory + Practicals** | **10** | **Oral examination** | **40** |
| **Seminar paper** | **15** |  |  |
| **Interactive teaching** | **15** |  |  |
| **Colloquium**  | **20** | **OVERALL SUM** | **100** |
| **\*Final examination mark is formed in accordance with the Institutional documents** |