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| **UNIVERSITY OF NIŠ** | | | | | | |
| **Course Unit Descriptor** | | **Faculty** | | | **Faculty of Sport and Physical Education** | |
| **GENERAL INFORMATION** | | | | | | |
| Study program | | | | **Basic Academic Studies, Physical Education and Sport** | | |
| Study Module (if applicable) | | | |  | | |
| Course title | | | | Artistic gymnastics | | |
| Level of study | | | | ☒Bachelor academic ☐ Master’s ☐ Doctoral | | |
| Type of course | | | | ☒ Obligatory ☐ Elective | | |
| Semester | | | | ☒ Autumn ☐Spring | | |
| Year of study | | | | Third | | |
| Number of ECTS allocated | | | | 7 | | |
| Name of lecturer/lecturers | | | | Saša Veličković, Ph.D, full professor; Emilija Petković Ph.D, associate professor, Miloš Paunović, Ph.D, assistent professor | | |
| Teaching mode | | | | ☒Lectures ☒Group tutorials ☐ Individual tutorials  ☐Laboratory work ☐ Project work ☐ Seminar  ☐Distance learning ☐ Blended learning ☒ Other | | |
| **PURPOSE AND OVERVIEW (max. 5 sentences)** | | | | | | |
| *Students will be qualified to apply their acquired theoretical knowledge analysing techniques of the gymnastic exercises, to learn by applying practical knowledge, training methodology of gymnastics exercises in the curricula for primary and secondary schools, as well as competitive gymnastics. In this regard, students should master basic principles of the training process and the judging rules in artistic gymnastics.* | | | | | | |
| **SYLLABUS (brief outline and summary of topics, max. 10 sentences)** | | | | | | |
| **Concept and types of gymnastics, development of artistic gymnastics, International Gymnastics Federation, selection, training, judging rules, biomechanics of artistic gymnastics, techniques, methods, exercises on the elastic table anthropological basics of success in gymnastics, characteristics of gender and sports gymnastics. School of gymnastics, selection tests for gymnasts, training of the young gymnasts, routines assessment rules, the technique of performing the exercises as investigated by the "school" of gymnastics, teaching methods for the training of the exercises scheduled in the program of school gymnastics.** | | | | | | |
| **LANGUAGE OF INSTRUCTION** | | | | | | |
| ☒Serbian (complete course) ☒ English (complete course) ☐ Other \_\_\_\_\_\_\_\_\_\_\_\_\_ (complete course)  ☐Serbian with English mentoring ☐Serbian with other mentoring \_\_\_\_\_\_\_\_\_\_\_\_\_\_ | | | | | | |
| **ASSESSMENT METHODS AND CRITERIA** | | | | | | |
| **Pre exam duties** | **Points** | | **Final exam** | | | **points** |
| **Theory** | **10** | | **Practical examination** | | | **15** |
| **Motor abilities test** | **8** | | **Practical work, asistence** | | | **9** |
| **Colloquium 1** | **20** | | professional practice | | | **6** |
| **Colloquium 2** | **14** | | **Theory examination** | | | **10** |
| **Interactive teaching** | **8** | | **OVERALL SUM** | | | **100** |
| **\*Final examination mark is formed in accordance with the Institutional documents** | | | | | | |