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| **UNIVERSITY OF NIŠ** | | | | | | |
| **Course Unit Descriptor** | | **Faculty** | | | **Faculty of Sport and Physical Education** | |
| **GENERAL INFORMATION** | | | | | | |
| Study program | | | | **Basic Academic Studies, Physical Education and Sport** | | |
| Study Module (if applicable) | | | |  | | |
| Course title | | | | Diagnostics in sport 1 | | |
| Level of study | | | | ☒Bachelor academic ☐ Master’s ☐ Doctoral | | |
| Type of course | | | | ☒ Obligatory☐ Elective | | |
| Semester | | | | ☒ Autumn ☐Spring | | |
| Year of study | | | | Third | | |
| Number of ECTS allocated | | | | 6 | | |
| Name of lecturer/lecturers | | | | Mirsad Nurkić, Ph.D, full professor; Nikola Milosovec, Ph.D assistent | | |
| Teaching mode | | | | ☒Lectures ☒Group tutorials ☐ Individual tutorials  ☐Laboratory work ☐ Project work ☐ Seminar  ☐Distance learning ☐ Blended learning ☒ Other | | |
| **PURPOSE AND OVERVIEW (max. 5 sentences)** | | | | | | |
| *Students will be qualified to apply their acquired theoretical and practical knowledge in the diagnostics of the training process control. By applying their theoretical and practical knowledge they will be able to successfully use the tests for assessing functional and motor abilities of athletes. They will be able to learn about psychodiagnostics and application of psychological tests in sport.* | | | | | | |
| **SYLLABUS (brief outline and summary of topics, max. 10 sentences)** | | | | | | |
| **Definition of diagnostics in sport, general concepts, diagnostic techniques. Monitoring of the training process, determining the status and control of the athletes’ abilities. Apparatus and instruments for the diagnostics of athletes. Tests for the assessment of the basic ventilation capabilities. Biochemical indicators of the training levels of the athletes. Diagnostics in monitoring of the functional abilities. Tests for the assessment of the aerobic and anaerobic energy capacity. Diagnostics in monitoring of the motor skills. Tests for the assessment of the explosive strength, endurance, agility and coordination, Tests for the assessment of speed and flexibility. Psychological tests in sport.** | | | | | | |
| **LANGUAGE OF INSTRUCTION** | | | | | | |
| ☒Serbian (complete course) ☒ English (complete course) ☐ Other \_\_\_\_\_\_\_\_\_\_\_\_\_ (complete course)  ☐Serbian with English mentoring ☐Serbian with other mentoring \_\_\_\_\_\_\_\_\_\_\_\_\_\_ | | | | | | |
| **ASSESSMENT METHODS AND CRITERIA** | | | | | | |
| **Pre exam duties** | **Points** | | **Final exam** | | | **points** |
| **Theory + Practicals** | **10** | | **Theory examination** | | | **40** |
| **Colloquium- practical** | **20** | |  | | |  |
| **Colloquium - theory** | **20** | |  | | |  |
| **Interactive teaching** | **10** | | **OVERALL SUM** | | | **100** |
| **\*Final examination mark is formed in accordance with the Institutional documents** | | | | | | |