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|  **UNIVERSITY OF NIŠ** |
| **Course Unit Descriptor** | **Faculty**  | **Faculty of Sport and Physical Education** |
| **GENERAL INFORMATION** |
| Study program  | **Basic Academic Studies, Physical Education and Sport** |
| Study Module (if applicable) |  |
| Course title | Rhythmic gymnastics |
| Level of study | ☒Bachelor academic ☐ Master’s ☐ Doctoral |
| Type of course | ☒ Obligatory ☐ Elective |
| Semester  | ☐ Autumn ☒Spring |
| Year of study  | Third |
| Number of ECTS allocated | 6 |
| Name of lecturer/lecturers | Tijana Purenović-Ivanović, Ph.D, assistant professor |
| Teaching mode |  ☒Lectures ☒Group tutorials ☐ Individual tutorials ☐Laboratory work ☐ Project work ☐ Seminar ☐Distance learning ☐ Blended learning ☒ Other |
| **PURPOSE AND OVERVIEW (max. 5 sentences)** |
| *By studying traditional values of the recognized schools of rhythmic gymnastics and their consistent implementation, students will create distinctive values that encourage a healthy lifestyle and the spirit of competition among sports participants.* |
| **SYLLABUS (brief outline and summary of topics, max. 10 sentences)** |
| **Application of rhythmic gymnastics in preschool and lower primary school grades. Motor learning, basic choreographic principles, processes and forms. School of rhythmic gymnastics. Mastering the basic elements by the body (jumps-turns-equilibrium-agility-waves), as well as the elements of the props using (rope-ball-hoop-cones-ribbon), use of the body as an instrument of personal expression and the specific technical elements of props as a means for improving the plasticity of movements. By using the basic and specific technical elements master the required routine, for further application in practice. Creating free compositions of movements.** |
| **LANGUAGE OF INSTRUCTION** |
| ☒Serbian (complete course) ☒ English (complete course) ☐ Other Slovak (complete course)☐Serbian with English mentoring ☐Serbian with other mentoring \_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| **ASSESSMENT METHODS AND CRITERIA** |
| **Pre exam duties** | **Points** | **Final exam** | **points** |
| **Theory** | **10** | **Practical examination**  | **10** |
| **Colloquium 1+2+3** | **38** | **Oral examination** | **20** |
| **Colloquium theory** | **12** | **Judicial test** | **10** |
|  |  | **OVERALL SUM** | **100** |
| **\*Final examination mark is formed in accordance with the Institutional documents** |