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| **UNIVERSITY OF NIŠ** | | | | | | |
| **Course Unit Descriptor** | | **Faculty** | | | **Faculty of Sport and Physical Education in Nis** | |
| **GENERAL INFORMATION** | | | | | | |
| Study program | | | | Basic academic studies, physical education and sport | | |
| Study Module (if applicable) | | | |  | | |
| Course title | | | | Children's athletics | | |
| Level of study | | | | ☒Bachelor academic  ☐Bachelor professional ☐ Master’s ☐ Doctoral | | |
| Type of course | | | | ☐ Obligatory ☒ Elective | | |
| Semester | | | | ☐ Autumn ☒Spring | | |
| Year of study | | | | Fourth | | |
| Number of ECTS allocated | | | | 6 | | |
| Name of lecturer/lecturers | | | | Aleksandar Raković, Ph.D, full professor, Daniel Stankovic Ph.D, full professor | | |
| Teaching mode | | | | ☒Lectures ☒Group tutorials ☐ Individual tutorials  ☐Laboratory work ☐ Project work ☐ Seminar  ☐Distance learning ☐ Blended learning ☒ Other | | |
| **PURPOSE AND OVERVIEW (max. 5 sentences)** | | | | | | |
| Introducing students to the technique of execution and the rules of disciplines in the children's athletics program. Student is qualified to rule the theoretical knowledge and motor skills related to children's athletics Student is qualified to rule the theoretical knowledge and motor skills related to children's athletics. | | | | | | |
| **SYLLABUS (brief outline and summary of topics, max. 10 sentences)** | | | | | | |
| Historical development of children's athletics and objectives of children's athletics. Age groups and program of the competition. Material and equipment, organization of competitions. Discipline children's track and field sprint relay, sprint-skirt, Race hurdles, javelin and discus for teenagers. Long jump and the triple jump with a short bent.  Sprint slalom, sprint groin, Relay, diaphragm combined with the Relay, endurance racing. Long jump and the triple jump with a short bent, long jump with a pole. Cross-jumping, rope skipping, throwing the target. Javelin for children, teenagers throwing disc, throwing on his knees, Scoring competition. | | | | | | |
| **LANGUAGE OF INSTRUCTION** | | | | | | |
| ☒Serbian (complete course) ☒ English (complete course) ☐ Other \_\_\_\_\_\_\_\_\_\_\_\_\_ (complete course)  ☐Serbian with English mentoring ☐Serbian with other mentoring \_\_\_\_\_\_\_\_\_\_\_\_\_\_ | | | | | | |
| **ASSESSMENT METHODS AND CRITERIA** | | | | | | |
| **Pre exam duties** | **Points** | | **Final exam** | | | **points** |
| **Theory + practicals** | **10** | | **Practical examination** | | | **15** |
| **Seminar paper / Test** | **8** | | **Theory examination** | | | **25** |
| **Teaching colloquia 1** | **12** | |  | | |  |
| **Teaching colloquia 2** | **20** | |  | | |  |
| **Activity during lectures** | **10** | | **OVERALL SUM** | | | **100** |
| **\*Final examination mark is formed in accordance with the Institutional documents** | | | | | | |