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| **UNIVERSITY OF NIŠ** | | | | | | |
| **Course Unit Descriptor** | | **Faculty** | | | **Faculty of Sport and Physical Education** | |
| **GENERAL INFORMATION** | | | | | | |
| Study program | | | | **Doctoral Academic Studies, Sports Science** | | |
| Study Module (if applicable) | | | |  | | |
| Course title | | | | Selected topics - physical education | | |
| Level of study | | | | Bachelor  Master’s  Doctoral | | |
| Type of course | | | | Obligatory  Elective | | |
| Semester | | | | Autumn Spring | | |
| Year of study | | | | Second | | |
| Number of ECTS allocated | | | | 6 | | |
| Name of lecturer/lecturers | | | | Nataša Branković, Ph.D, full professor; Branislav Dragić, Ph.D, full porfessor | | |
| Teaching mode | | | | Lectures Group tutorials  Individual tutorials  Laboratory work  Project work  Seminar  Distance learning  Blended learning  Other | | |
| **PURPOSE AND OVERVIEW (max. 5 sentences)** | | | | | | |
| *Students have knowledge about the implementation of the specific scientific research in the field of physical education, through the formulation of research objectives, problems, methods, results, discussion and conclusions.* | | | | | | |
| **SYLLABUS (brief outline and summary of topics, max. 10 sentences)** | | | | | | |
| **Physical Education for Lifelong Fitness. Health related physical fitness education into the PE curriculum. The effects of different methodical organizational forms of work on the development of morphological characteristics, motor and functional abilities in physical education teaching process. The impact of additional program of physical exercise on motor and functional abilities of school children. The relations between anthropometric characteristics and motor abilities in school children. The relations between motor and functional abilities in preschool and school children. Body composition and motor performance in school children. Quantitative differences in anthropometric characteristics and motor abilities between students athletes and non athletes (meta – analysis). Comparative analysis of morphological characteristics and motor abilities of students. Efficiency of the programme of inclusive physical education in children with disabilities.** | | | | | | |
| **LANGUAGE OF INSTRUCTION** | | | | | | |
| Serbian (complete course)  English (complete course)  Other \_\_\_\_\_\_\_\_\_\_\_\_\_ (complete course)  Serbian with English mentoring Serbian with other mentoring \_\_\_\_\_\_\_\_\_\_\_\_\_\_ | | | | | | |
| **ASSESSMENT METHODS AND CRITERIA** | | | | | | |
| **Pre exam duties** | **Points** | | **Final exam** | | | **points** |
| **Theory** | **10** | | **Presentation and defense of seminar work** | | | **30** |
| **Seminar paper** | **30** | |  | | |  |
| **Debate Conferences** | **20** | |  | | |  |
| **Consultation** | **10** | | **OVERALL SUM** | | | **100** |
| **\*Final examination mark is formed in accordance with the Institutional documents** | | | | | | |