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|  **UNIVERSITY OF NIŠ** |
| **Course Unit Descriptor** | **Faculty** | **Faculty of Sport and Physical Education** |
| **GENERAL INFORMATION** |
| Study program  | **Specialist Professional Studies, Sport** |
| Study Module (if applicable) |  |
| Course title | Diagnostics in sport 2 |
| Level of study | ☒Specialist professional ☐ Master’s ☐ Doctoral |
| Type of course | ☐ Obligatory ☒ Elective |
| Semester  | ☐ Autumn ☒Spring |
| Year of study  | First |
| Number of ECTS allocated | 6 |
| Name of lecturer/lecturers | Mirsad Nurkić, Ph.D, associate professor |
| Teaching mode | ☒Lectures ☒Group tutorials ☐ Individual tutorials☐Laboratory work ☐ Project work ☐ Seminar☐Distance learning ☐ Blended learning ☒ Other |
| **PURPOSE AND OVERVIEW (max. 5 sentences)** |
| *Each student will be able to autonomously apply adequate analytical and diagnostic procedures when defining, analyzing and diagnosing level of sports organization development, level of general physical fitness of the athletes, level of sports efficiency of the athletes and the team, to apply the same procedures when estimating the applied technology in the training process and sports competitions.* |
| **SYLLABUS (brief outline and summary of topics, max. 10 sentences)** |
| **Theory: Definition of diagnostics in sport, general notions, diagnostic techniques. Motor abilities of men (Energy abilities in men, Biochemical indicators of the athletes’ level of training form, Contractile abilities of men, Forms of speed, Forms of agility, Coordination and agility). Testing of general physical abilities, Analytical – diagnostic aspect of testing and testing reports writing OFS, System of sports training – analytics and diagnostics of training units. Basic methods of the Analysis of competition activities (Team sport; Individual sport). Specificity of diagnosing of motor abilities of children. Practicals: Equipment and instruments for athletes’ diagnostics. Tests for the estimation of basic ventilation abilities. Diagnostics in monitoring of the functional abilities, Tests for the estimation of anaerobic energy capacity, Tests for the estimation of aerobic energy capacity, Diagnostics in monitoring of the motor abilities, Diagnostics of the contractile abilities, Diagnostics of the motor abilities of speed, Diagnostics of the motor abilities of agility, Diagnostics of the motor abilities of coordination and agility.** |
| **LANGUAGE OF INSTRUCTION** |
| ☒Serbian (complete course) ☒ English (complete course) ☐ Other \_\_\_\_\_\_\_\_\_\_\_\_\_ (complete course)☐Serbian with English mentoring ☐Serbian with other mentoring \_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| **ASSESSMENT METHODS AND CRITERIA** |
| **Pre exam duties** | **Points** | **Final exam** | **points** |
| **Theory + Practicals** | **10** | **Oral examination** | **40** |
| **Colloquium1 (practical)** | **15** |  |  |
| **Colloquium 2 (theory)** | **25** |  |  |
| **Seminar paper** | **10** | **OVERALL SUM** | **100** |
| **\*Final examination mark is formed in accordance with the Institutional documents** |